



UNIVERSITY OF TORONTO
FACULTY OF ARTS & SCIENCE



2019 MINDS REDEFINED

MENTAL HEALTH & WELLNESS CONFERENCE

Tuesday, Sept. 17

12 to 8 pm

**Chestnut Conference Centre
89 Chestnut Street, Toronto**

Join us to hear from experts and advocates in the field, develop wellness strategies and explore campus resources.

Keynote speakers:



Margaret Trudeau
Celebrated Canadian /
Mental Health
Advocate



Michael Landsberg
Mental Health
Advocate/ Founder of
#SickNotWeak

Free Admission

Register at uoft.me/minds-redefined

For more information or accessibility assistance contact (416) 946-0059 or c.jankowski@utoronto.ca