How To Pull an All-Nighter

Even a hard-working young lady like Mary can get behind on her studies

MARY has a term paper due tomorrow, but she dilly-dallied and now she must work all night to complete her paper. Thank Heaven she has these scientifically-proven and tested strategies to help her through the night.

PROTEIN
Delicious and nutritious energy

ALARMS
Random rings stop all dozings

FRIENDS
Friends don’t let friends sleep

STRETCH
Sore muscles lend to a sore brain

CAFFEINE
A little burst will reverse heavy lids

SHOWER
Goose pimples never hurt a girl

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