

How To Pull an All-Nighter

Even a hard-working young lady like Mary can get behind on her studies

PROTEIN

Delicious and nutritious energy



FRIENDS

Friends don't let friends sleep



CAFFEINE

A little burst will reverse heavy lids



ALARMS

Random rings stop all dozings



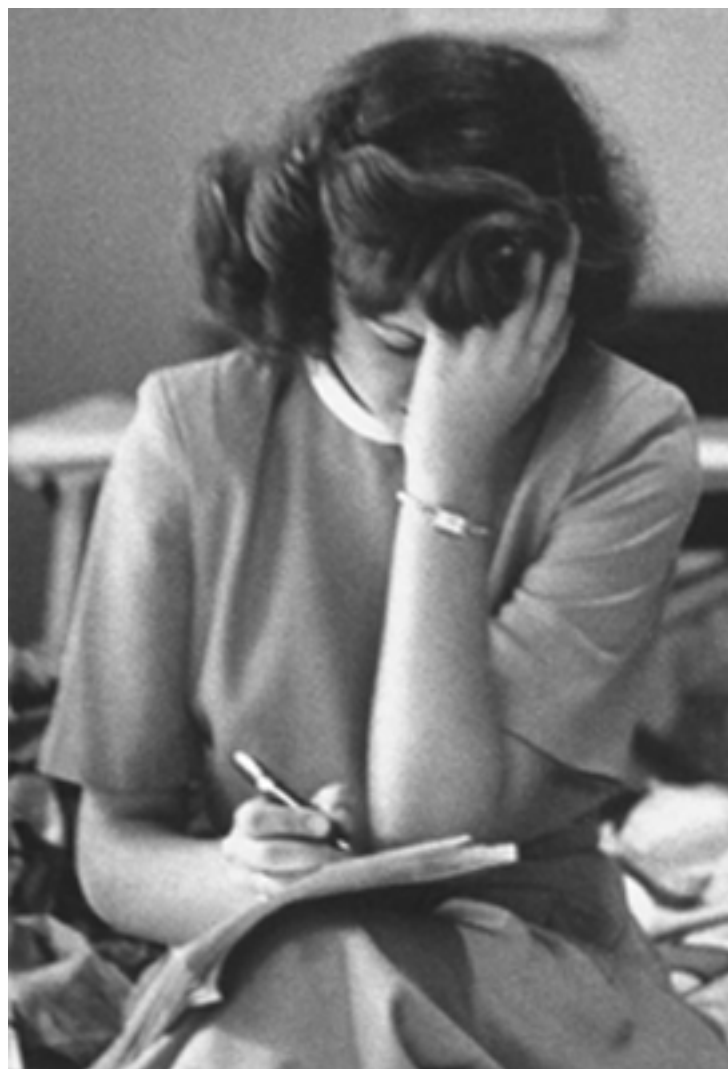
STRETCH

Sore muscles lend to a sore brain



SHOWER

Goosebumps never hurt a girl



Mary has a term paper due tomorrow, but she dilly-dallied and now she must work all night to complete her paper.

Thank Heaven she has these *scientifically-proven and tested strategies* to help her through the night.

By Alyssa Rosenzweig

Photos taken from the LIFE photo archive
Strategies inspired by wikiAnswers.com